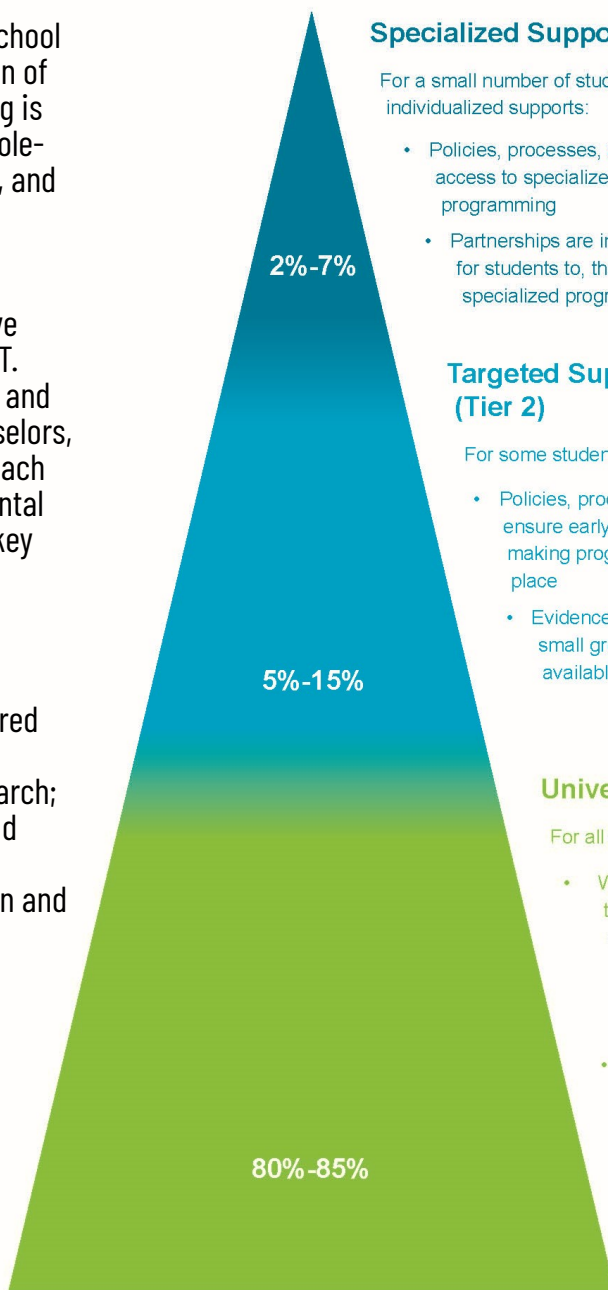


# MENTAL HEALTH matters

Grande Yellowhead Public School Division's (GYPSD) promotion of mental health and well-being is effectively embedded in whole-school practices, resources, and supports for our staff and students.

Along with the administrative teams and educators, B.E.S.T. team, division psychologist, and Family School Liaison Counselors, GYPSD has a targeted approach to support collaborative mental health planning around six key conditions:

- vision, leadership, and commitment;
- communication and shared language;
- data, evidence and research;
- roles, responsibilities and processes;
- community, collaboration and engagement; and
- systemic professional learning.



## Specialized Supports and Services (Tier 3)

For a small number of students requiring intensive or individualized supports:

- Policies, processes, and pathways are in place to ensure access to specialized expertise, service providers and programming
- Partnerships are in place, including transition strategies for students to, through and from services, treatment and specialized programming

## Targeted Supports and Interventions (Tier 2)

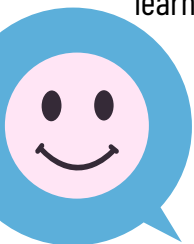
For some students requiring additional supports:

- Policies, processes and practices are in place to ensure early identification of students who are not making progress when universal supports are in place
- Evidence-informed, short-term, individual and small group supports and interventions are available within the school setting

## Universal Supports (Tier 1)

For all students:

- Whole-school approaches are in place to create welcoming, caring, respectful and safe learning environments (e.g., comprehensive school health, positive behaviour supports, trauma-informed practice)
- Quality instruction responds to a diverse range of learning strengths, needs and challenges
- Social-emotional learning is part of instruction, classroom activities and school practices



Bell's Let's Talk Day  
January 25