



Air Quality Guidelines for Schools

Schools will use the following guidelines to determine if outdoor activities are appropriate for students and staff:

Air Quality Health Index

High Risk: 7 - 10 Very High Risk: 10+

Outdoor activities are restricted. Students will have indoor recess and stay indoors before the start of the school day and at lunch. Depending on the length of the poor quality, facilities may install carbon filters in the school(s) in that zone and schools may be required to close all windows and doors to limit hazardous air pollutants like smoke and ash intake into the building.

Moderate Risk: 4 - 6

Outside activities permitted. Special accommodations to be provided for students with medical conditions.

Low Risk: 1 to 3

No restrictions.

Temperature

Extreme Heat - Temperature of 34C or above

Outdoor activities are restricted. Students will have indoor recess and stay indoors before the start of the school day and at lunch.

Heat Warning - Temperature of 29C or above

Outside activities permitted. Special accommodations to be provided for students with medical conditions. Limit outside activities to 30 minutes. Proper hydration and UV protection is required.

Moderate Risk - 25C & above

Outside activities permitted. Proper hydration and UV protection is required if activity is longer than 30 minutes.

Low Risk - 24 & below

No restrictions. Proper hydration and UV protection is required if activity is longer than 30 minutes.

Air Quality Index will be sourced from:

- Current Conditions: [Environment Canada - Air Quality Health Index](#)

Temperatures will be sourced from:

- [Government of Canada Weather](#)