

# Jasper- Supports

## **Information Resources**

[AHS Wildfire Resources](#)

[Alberta 211 Wildfires](#)

## **School Resources**

- FSLC- Tor Begg, 780-852-6543
- FSLC- Carla Gallop 780-852-6544
- Wellness Navigator/ BEST program: Megan Jones: 780-931-4935

## **Community Supports**

[Community Outreach Services \(COS\) Jasper](#): 780-852-2100

Cottage Medical Clinic: 780-852-4885

## **Outside Supports**

Should you need emergency assistance, please call **9-1-1**.

If you have an urgent or emergent need for mental health assistance, please contact:

- [Community and Social Services Helpline](#): Call **211** or text INFO to **211**
- [Alberta Mental Health Crisis Line](#): **1-877-303-2642**
- [Hope for Wellness- Indigenous Support Line](#): **1-855-242-3310** (toll free)
- [Crisis Text Line](#): Text HOME to **741741**
- [Suicide Crisis Helpline](#): Call or text **9-8-8**
- [Counseling Alberta](#): 1-833-827-4229
- [Kids Help Phone](#): Call **1-800-668-6868**; Text CONNECT to **686868**
- [Healthlink](#): **811**
- [Addiction Helpline](#): **1-866-332-2322**
- [Psychologists' Association of Alberta](#): **1-888-424-0297**
- [Family Violence Info Line](#): Call or text: **310-1818** (toll free)